



SCOTLAND

LEARNING DISABILITIES
MANAGED CARE NETWORK
EAST REGION

Dates:

- 7th September 2023
- 14th September
- 21st September
- 28th September
- 5th October
- 12th October
- 19th September

Venue:

Microsoft Teams &
Independent study

Time: 09.30 -13.00

9.30 -11.00 reading & preparation
11.00-13.00 online presentations
and group discussions.

This course is **FREE but booking is essential** as places are limited.

To book a place complete the [Nomination Form](#) by **28th July 2023**

For more information please contact:

loth.ldmcn@nhslothian.scot.nhs.uk

Skilled Level Introduction to Learning Disability & Health Equality:

A skilled level course to enable participants to support and maintain the health and wellbeing of people with LD

The LD MCN is offering a free **7 week** training course for staff

Aims:

- **Increase understanding of the health needs of people with learning disabilities.**
- **Gain knowledge to help you enhance the health & wellbeing of people you support.**

The course is for staff who work directly with people with a learning disability and:

- are new to learning disability services

OR

- would like to update or refresh their knowledge

Topics are based on the NES Equal Health resource & include:



Understanding Learning Disability



Health Equality



Person Centred Working



Promoting Health and Wellbeing



Supporting Physical and Mental Health



Working in a trauma informed way

Attendance is required in **at least 6 out of 7** sessions to complete the course.