

# Setting the scene....



**CLAIRE SMYTH**

**LEARNING AND DEVELOPMENT CO-ORDINATOR**

**LEARNING DISABILITY MANAGED CARE NETWORK  
(LD MCN)**

# Aims



- To define learning disability
- To introduce ourselves!
- To discuss who is in the multidisciplinary team
- To introduce ideas that will come up throughout the course

# Ice breaker...



Find someone in the room who...

- Is scared of something
- Has a pet
- Did not drive here
- Has been on holiday this year
- Likes peas

# What is Learning Disability (LD)?



“People with learning disabilities have a **significant, lifelong condition** that started **before adulthood**, that affected their development and which means **they need help to:**

- Understand information
- Learn skills
- Cope independently”

*(The Same as You?, 2000)*

# What is a multidisciplinary team?



- Multidisciplinary team= MDT
- Lots of different professions make up an MDT
- Each profession has a different role and different reasons for getting involved
- Sometimes members 'sit together' in the same team or service but other professionals outside the LD health and social care team will be involved depending on the client

# Who is in the MDT in LD?



Nurses

Psychologists

Psychiatrists

Physiotherapists

Dieticians

Occupational  
Therapists (OT)

Speech and  
Language  
Therapists (SLT)

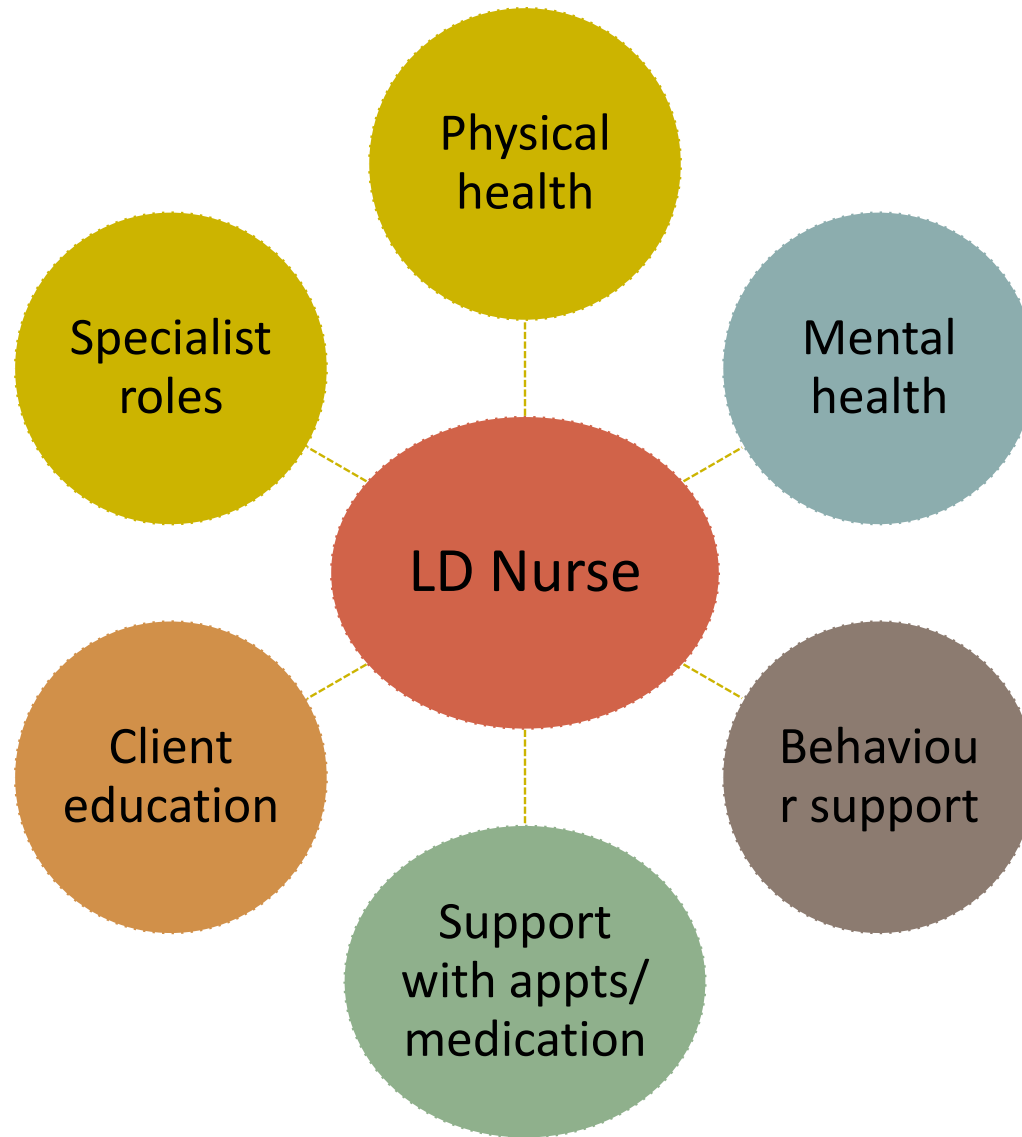
Support  
Workers

Social workers

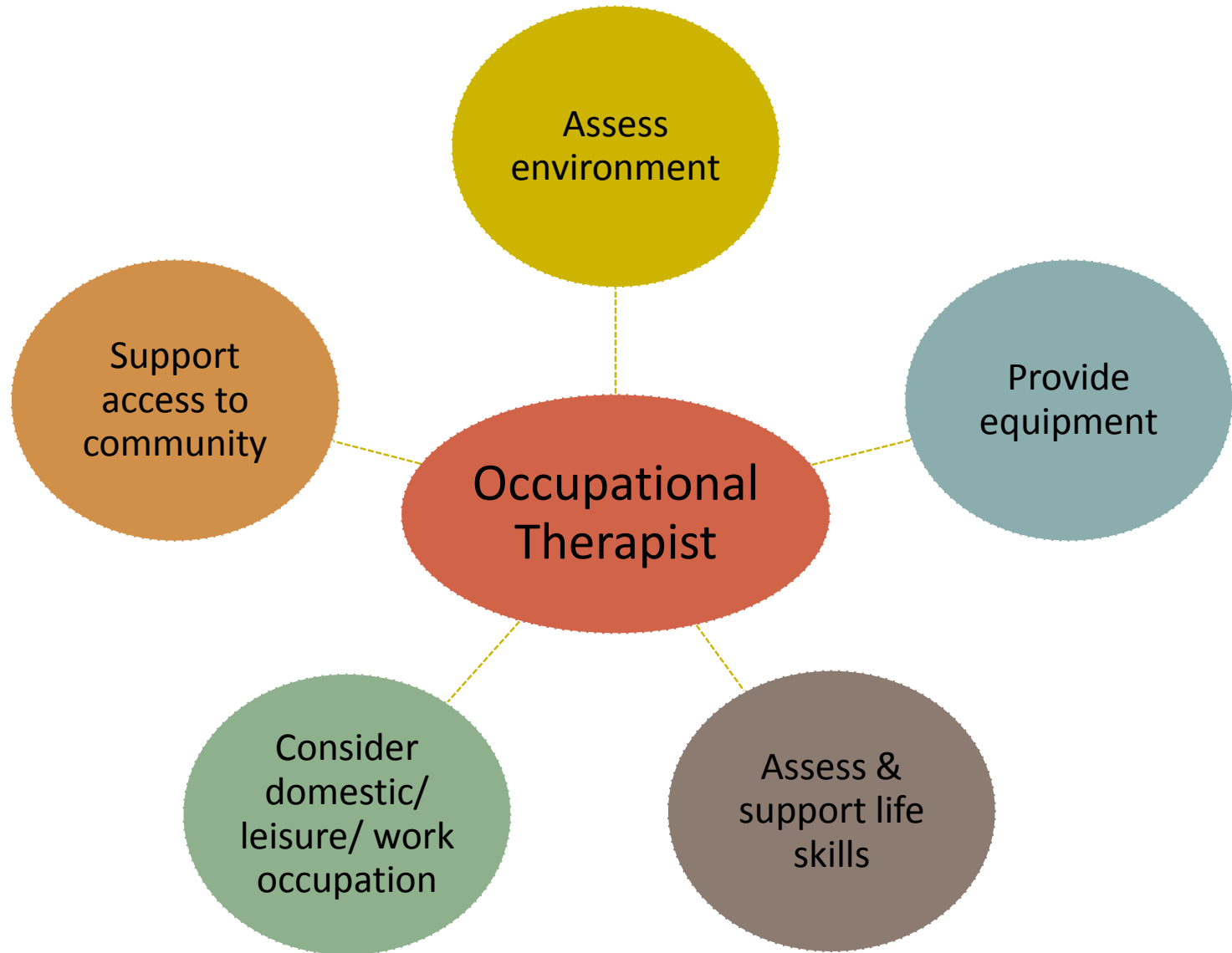
LD Liaison  
Nurses

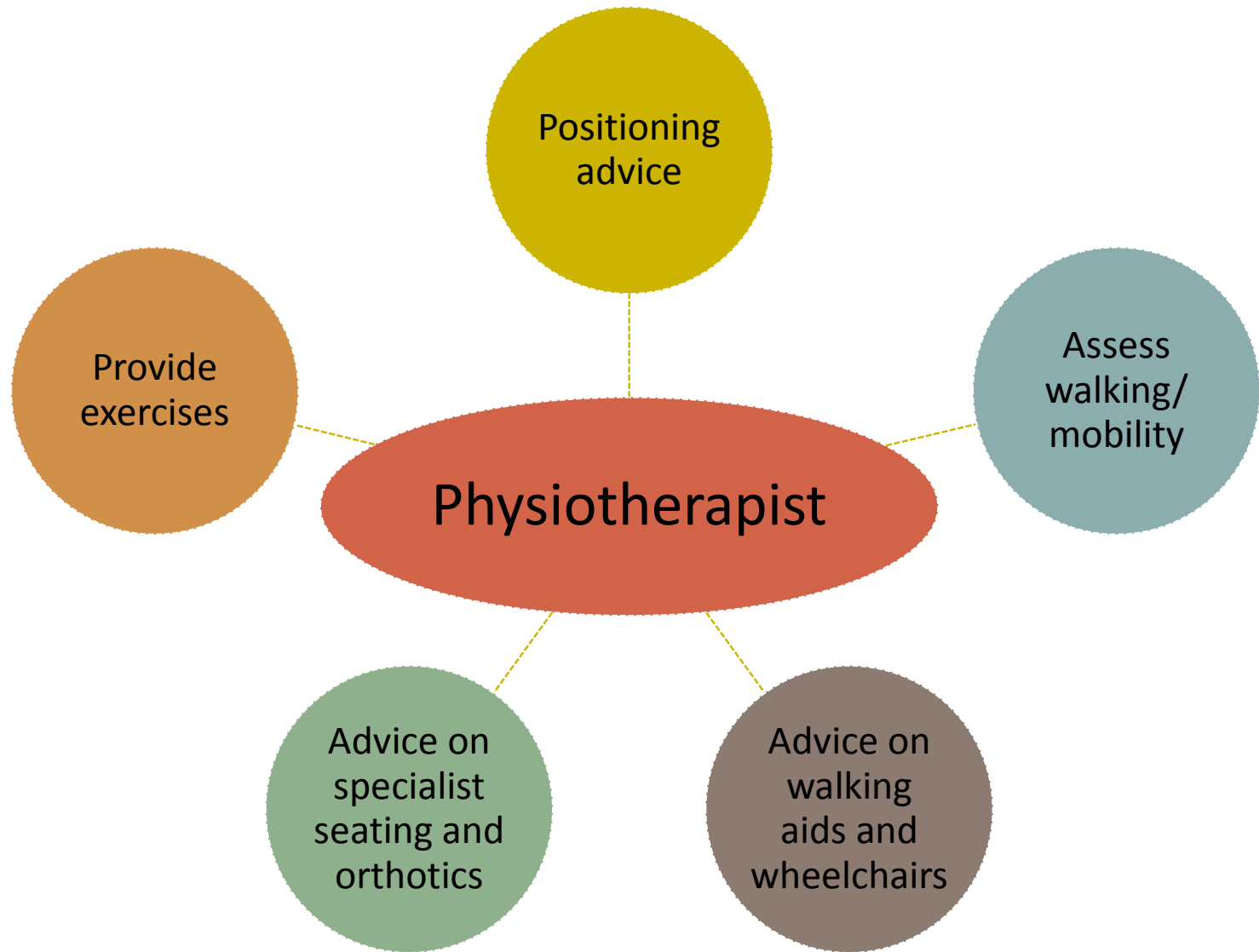
GP/ Consultants

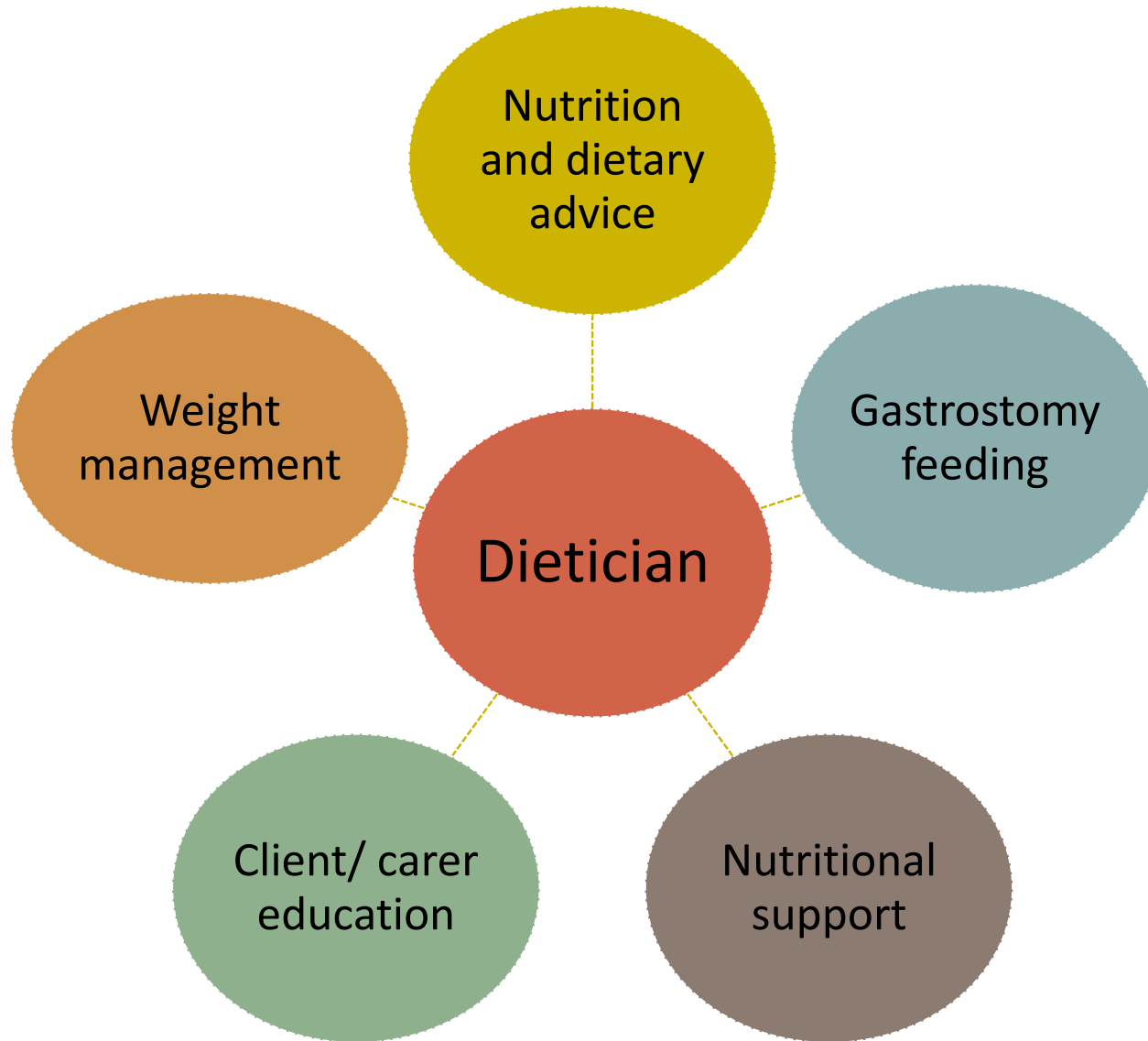


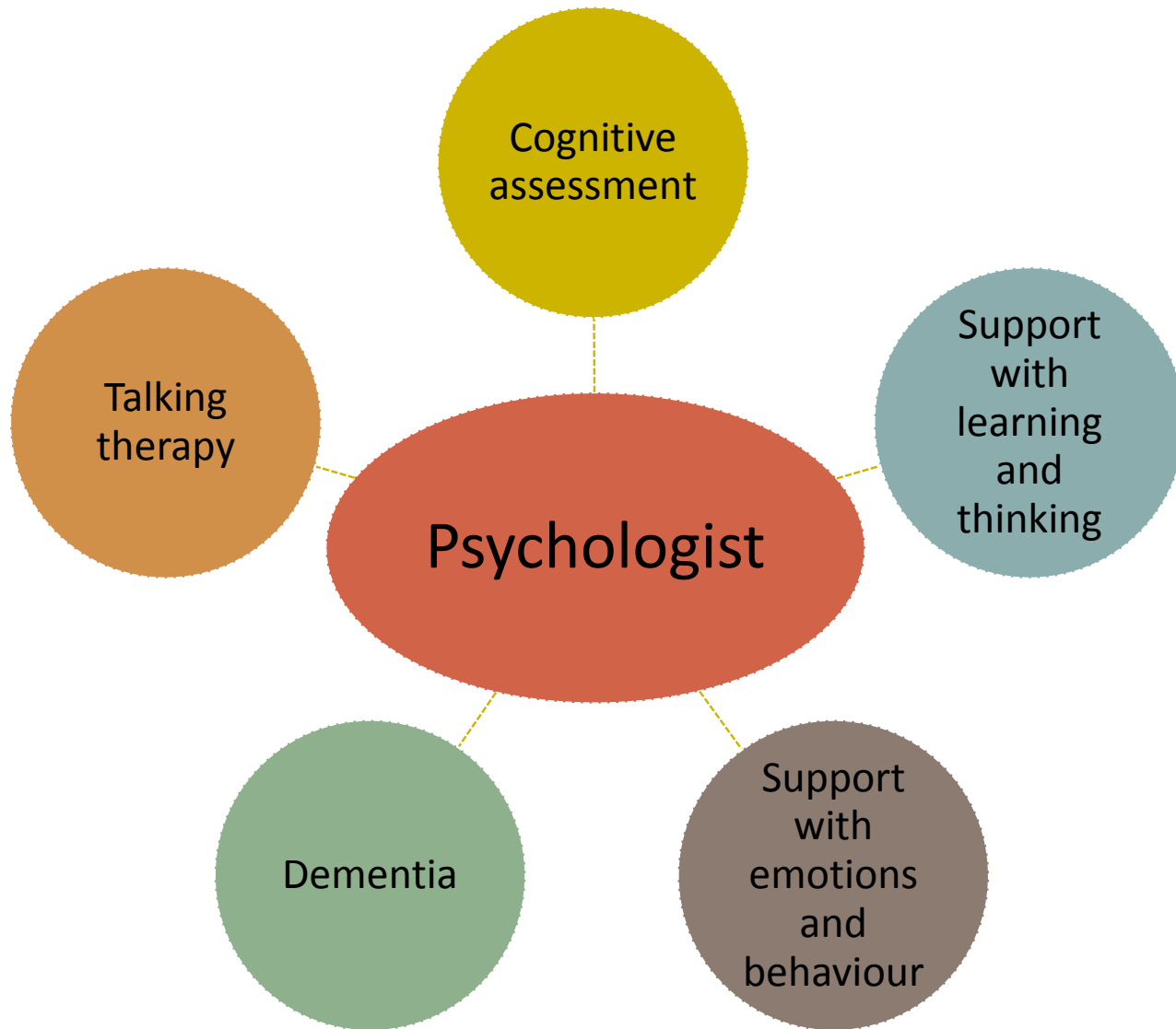


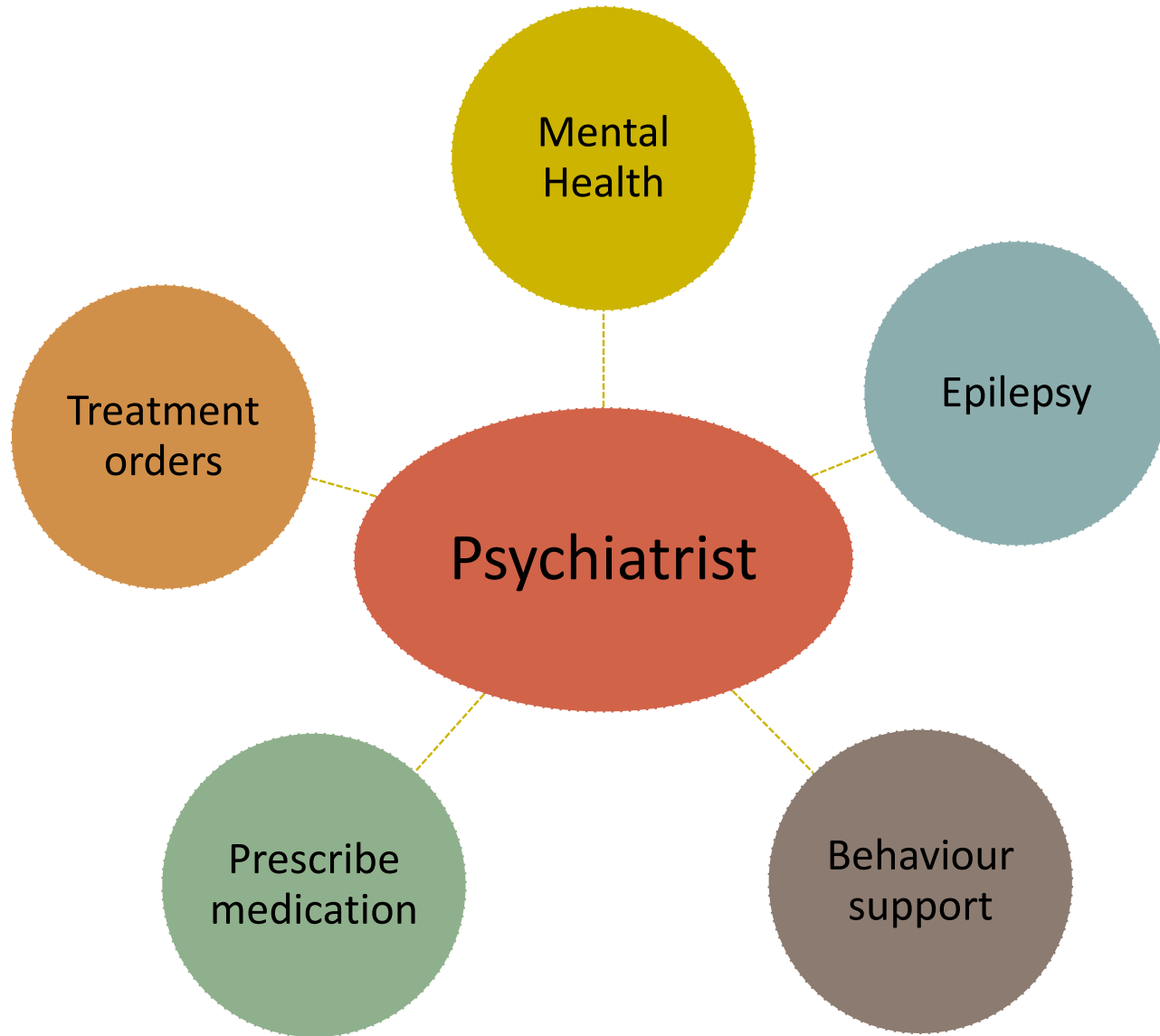




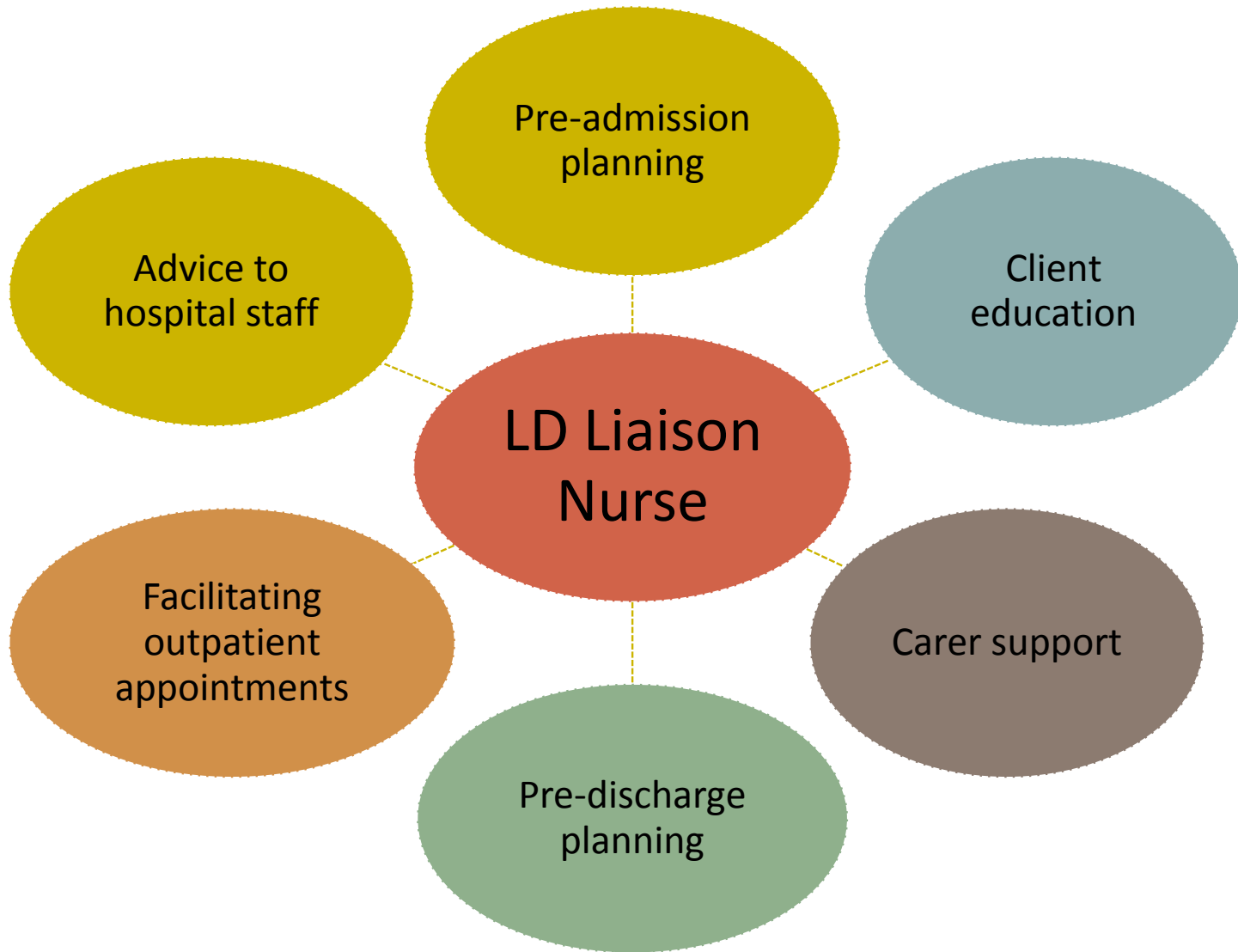


















# Multidisciplinary Team



# Things to keep in mind...



- There are ideas/ themes that will come up throughout the course
  - Attitudes, values & stereotypes
  - Human Rights
  - Equality/ inequality
  - Inclusion
  - Quality of life
  - Person centred care

# Attitudes, Values & Stereotypes



- **Attitudes** are a settled way of thinking or feeling about something.
- **Values** are the moral principles and beliefs or accepted standards of a person or social group
- **Stereotype** is a widely held but fixed and oversimplified image or idea of a particular type of person or thing.

(Oxford English Dictionary Online/ Collins Dictionary)

# Why is this relevant?



- It is important to recognise the role of your own and others' values, attitudes and stereotypes as these can impact on the experience of people with learning disability.
- It influences approaches to care- all the way from Government decisions down to day to day care received.
- It influences what someone with learning disability has experienced in their past as well as what they can achieve in their day to day life and in their future

# Your experience of....



- Attitudes towards people with learning disabilities?
- How people's or society's values shape the experience of people with learning disabilities?
- Stereotypes about people with learning disabilities?
- When you started working with LD...
  - did your attitudes change?
  - were stereotypes challenged?

# Equality/ Inequality



- **Equality** is the state of being equal especially in status, rights or opportunities
- **Inequality** is the difference in social status, wealth, or opportunity between people or groups.

(Oxford English Dictionary Online/ Collins English Dictionary)

# Human Rights



- A right which is believed to belong to every person.

(Oxford English Dictionary Online)

[Universal Declaration of Human Rights](#)



# United Nations Committee on the Rights of Persons with Disabilities(UNCRPD)



A special international treaty that protects the human rights of disabled people.

- Recognises that disabled people have the same rights as non-disabled people but are often disabled by the barriers they face in society
- It sets out what should be done to break down these barriers
- The Scottish Government has explicit duties to promote, protect and ensure the human rights of disabled people.

# Why is this relevant?



- People with LD often do not experience equality
- Equality is about **equal respect**, but not necessarily about having the same treatment. An **individual's differences** are important aspects of his or her identity and life experience.
- To create equality we need to make sure all people have the same opportunities to shape their lives the way they want to, and have the same access to services.
- You can help to support service users to achieve this!

# The Same as You? (2000)



- A review of learning disability supports and services in Scotland which outlined a 10-year programme for service development.
- ‘The Same as You?’ provided the final push towards closure of long-stay institutions for people with LD and moved care to community settings- a move towards **inclusion and improved quality of life**

# The Keys to Life (2013)



Recognised that progress had been made in relation to improving the quality of life for people with learning disabilities since 'The same as you?' but there was still a significant way to go.

It focused on the following 4 areas:

- A Healthy Life
- Choice and Control
- Independence
- Active Citizenship

Update due to come out soon!

<https://keystolife.info/>

# Inclusion



- The action or state of including or being included within a group or structure
- A person or thing that is included within a whole

(Oxford English Dictionary Online)

# Quality of Life



- Someone's quality of life is the extent to which their life is comfortable or satisfying

(Collins online dictionary)

World Health Organisation says it is affected in a complex way by the person's

- ✦ physical health
- ✦ psychological state
- ✦ personal beliefs
- ✦ social relationships
- ✦ relationship to features of their environment

# Person Centred Care



## What is it?

- Working **alongside** people to identify **meaningful** goals and outcomes from **their perspective** and, when appropriate, their families and carers.”
- Ensuring the client is at the **centre of everything** you do **with and for them**.
- Taking account of **their individual wishes and needs**
- Considering how to improve the person’s **quality of life**



Speedy run through... any questions?