



LEARNING DISABILITIES  
MANAGED CARE NETWORK  
EAST REGION

## Supporting you to support the health and wellbeing of people with learning disabilities

### Spring 2019 Dates:

- Thursday 21<sup>st</sup> February
- Thursday 28<sup>th</sup> February
- Thursday 7<sup>th</sup> March
- Thursday 14<sup>th</sup> March
- Thursday 21<sup>st</sup> March
- Thursday 28<sup>th</sup> March
- Thursday 4<sup>th</sup> April
- Thursday 11<sup>th</sup> April

### **Venue:**

Forth Valley Sensory Centre,  
Camelon

**Time:** 9:30- 3:30

The Learning Disability Managed Care Network is offering an **8 week training course** for support workers who work with adults with learning disabilities in health and social care settings.

This course aims to increase understanding of the needs of people with learning disabilities and how we can best support each individual.

The 8 week course covers:



Health Needs



Communication



Autism



Mental Health



Positive Behaviour Support



Epilepsy



Diet and Health



Meaningful activity



Offending behaviour

This course is **FREE but booking is essential** as places are limited.

For more information or to book a place, please contact:

Claire Smyth

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Or

Karen Lee

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It is important to be able to attend **all** sessions.