



LEARNING DISABILITIES
MANAGED CARE NETWORK
EAST REGION

Supporting you to support the health and wellbeing of people with learning disabilities

Spring 2019 Dates:

- Thursday 21st February
- Thursday 28th February
- Thursday 7th March
- Thursday 14th March
- Thursday 21st March
- Thursday 28th March
- Thursday 4th April
- Thursday 11th April

Venue:

Forth Valley Sensory Centre,
Camelon

Time: 9:30- 3:30

This course is **FREE but booking is essential** as places are limited.

For more information or to book a place, please contact:

Claire Smyth

claire.smyth@nhslothian.scot.nhs.uk

Or

Karen Lee

karen.lee@nhslothian.scot.nhs.uk

The Learning Disability Managed Care Network is offering an **8 week training course** for support workers who work with adults with learning disabilities in health and social care settings.

This course aims to increase understanding of the needs of people with learning disabilities and how we can best support each individual.

The 8 week course covers:



Health Needs



Communication



Autism



Mental Health



Positive Behaviour Support



Epilepsy



Diet and Health



Meaningful activity



Offending behaviour

It is important to be able to attend **all** sessions.