

# Adults with learning disabilities: supporting workforce development



The NHS Education for Scotland LD Team  
Newsletter January 2023

## Welcome to our newsletter

Welcome to the latest newsletter from the LD team at NES. Our aim is to support development of the learning disabilities workforce through education and training. In this issue you will find an update on the developing Turas Learn page - [Once for NES: Learning Disabilities](#).

## Turas Learn

NES Turas Learn is a website for health and social care staff to find and record learning, including eLearning modules and courses. Anyone with an email account can register quickly and easily to access the resources. Watch the video to find out how to:

- register for Turas Learn
- sign in to find learning resources
- find your Learning Record

[Introduction to Turas Learn on Vimeo](#)



## Health and Social Care

Turas Learn contains a variety of resources for anyone working in health or social care, including third sector organisations and unpaid carers. Originally launched as a learning platform for health staff, Turas has been further developed to support learning for anyone in the health and social care sector. Access is not limited to any specific profession, background or employer, and any email address can be used to register.

Many resources are immediately accessible on the learning page, while others require the learner to sign in to their account.

# Once for NES: Learning Disabilities

## A guide to the learning page

The page is being developed to include the 4 priority work areas of the NES LD team

- Equal Health
- Psychological Care and Support
- Positive Behaviour Support
- Trauma

In addition, a range of resources are available to support health checks for people with learning disabilities. Further resources will be added, including signposting to resources relevant for children and young people with learning disabilities as well as links to other pages within Turas Learn.

The page includes resources developed by NES in addition to signposting to other external resources.

### Equal Health

- Equal Health Framework
- Skilled learning resources
  - Primary Care
  - Hospital Care
- 3 learning bytes
  - Postural Care
  - Communication
  - Supporting people with PMLD
- Links to reports/reviews
- *Coming soon - Primary Care learning resource*

### Psychological care

- Supporting Psychological Wellbeing Framework
- Thinking about me? learning resource
- E-learning introductions to adapted interventions for low mood
  - Beat It
  - Step Up

### Positive Behaviour Support

- Improving Practice learning resource
- Links to PBS Community of Practice Scotland
- *Coming soon - Understanding PBS e-book (skilled level resource)*

### Trauma

- Webinar - Attachment, trauma and how relationships support recovery
- Link to the National Trauma Training Programme

## HEALTH CHECKS FOR PEOPLE WITH LEARNING DISABILITIES

Reducing health inequalities is everyone's responsibility. Find out what you can do by visiting the health check section within the Once for NES: Learning Disabilities page on Turas.



<https://learn.nes.nhs.scot/59009>

## Health Checks - Resources & Links

- Pre-health check
- Performing a health check
- Health screening
- Communication
- Specific conditions support
- Post health check

## Webinars

- Improving Health Experiences and Outcomes for People with Down's Syndrome, Masterclass
- Learning Disability and Dementia masterclass, Dr Karen Watchman - March 22
- NES PAMIS webinar on Postural Care
- Attachment, trauma and people with learning disabilities: how relationships support recovery

## You might be interested in...

The Positive Behaviour Support (PBS) Community of Practice is hosting a **free webinar** on **PBS for Children and Young People on 22 February**. A panel of speakers will discuss their experiences of implementing PBS for children and young people with learning disabilities and additional support needs. There will be presentations on using PBS both in schools and within the family home. Speakers will discuss the importance of providing PBS as a framework integrated with other models. The webinar is open to everyone and we look forward to welcoming you from 2pm – 4pm on Wednesday 22 February. Click [here](#) to register.

**We welcome any feedback on the newsletter and our work. We will continue to support ongoing development of the workforce to meet the needs of people with learning disabilities.**

**The NES LD Team**

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