

# Adults with learning disabilities: supporting workforce development



The NHS Education for Scotland LD Team  
Newsletter April 2023

## Welcome to our newsletter

Welcome to the latest newsletter from the LD team at NES. Our aim is to support development of the learning disabilities workforce through education and training. In this issue you will find an update on some exciting new resources - an introduction to PBS, and an animation on trauma and people with learning disabilities. A reminder of the upcoming Learning Disability Awareness Week can be found at the end of the newsletter.

## Common Ground: Trauma informed working with people with learning disabilities

The NES LD team are delighted to share this new animation which highlights the vulnerability and impact of trauma for people with learning disabilities. *Common Ground: Trauma informed working with people with learning disabilities* aims to support understanding of the factors which increase vulnerability of people with learning disabilities to experiencing trauma and abuse, and how this can affect individuals, as well as highlighting the role we can all play in supporting trauma informed practice. Click [here](#) to view the animation on the Once for NES: LD Turas page.

### Common Ground

Trauma Informed Working with People with Learning Disabilities



# Understanding Positive Behaviour Support

As members of the PBS Community of Practice, the NES LD team are delighted to announce the launch of a new online learning resource. 'Understanding Positive Behaviour Support' is a FREE resource introducing PBS and is aimed at staff and carers providing direct support to people with learning disabilities. It will be available through the SSSC learning zone which can be accessed [here](#) and can also be accessed through our Turas Learn page, [Once for NES: Learning Disabilities](#) following the official launch on 19th April.

The resource consists of 12 chapters covering different elements of level one PBS, including communication, understanding behaviour, active support and learning new skills. 'Understanding Positive Behaviour Support' can be completed as a whole or accessed individually as stand alone topics. Activities are included to encourage reflection on applying learning into practice, and learners can submit evidence of their activities to apply for Open Badges.

We hope this will be a valuable and widely used tool to support learning in PBS for everyone working in health and social care, as well as family carers.



'Understanding PBS' will be officially launched on **19th April at 12 noon.**

For more information about the online launch event, click [here](#).

# Scottish Learning Disability Week 2023

Monday 1 – Sunday 7 May

#Leadtochange | #ScotLDWeek23

Scottish Learning Disability Week celebrates the rich contribution that people with learning disabilities make to society.

This year's theme is 'Lead to change' with a focus on all aspects of Leadership. The week matters because there are over 125,000 people with learning disabilities living in Scotland, and raising awareness provides an opportunity to change attitudes, making Scotland a better, fairer and more equal place for everyone.

Take part in this year's Scottish Learning Disability Week and order a Get Involved Pack from the Scottish Commission for People with Learning Disabilities (SCLD), which is filled with ideas and activities to encourage you to participate.



[Get Involved Pack Order Form \(office.com\)](#)

Find out more information at  
[Scottish Learning Disability Week - SCLD](#)

**We welcome any feedback on the newsletter and our work. We will continue to support ongoing development of the workforce to meet the needs of people with learning disabilities.**

**The NES LD Team**

**[LearningDisability@nes.scot.nhs.uk](mailto:LearningDisability@nes.scot.nhs.uk)**