

July 2019

Learning Disabilities Managed Care Network Learning and Development Event Report

1. Purpose of the Paper

The purpose of this paper is to report on the delivery and attendance of the range of seminars, workshops and training programmes delivered by the MCN across the region. The programme is driven by the priorities identified by Keys to Life Strategy.

The MCN delivers a programme of educational and training events each year as well as well established and valued Support Worker Training programme. It has also supported workforce development projects and specific events linked to the Health Equalities Framework Project (HEF).

This programme is overseen by the MCN Learning and Development Group, chaired by Dr Jill Jones, Consultant Clinical Psychologist, NHS Fife. All these events have provided an opportunity for staff from the NHS, local authorities and the third sector to come together, learn together and share best practice.

The LD Support Worker Training Programme continues to be well attended and well received. Each programme accommodates 20 participants, from across the region, and runs twice yearly.

2. Attendance Numbers

Between 1st July 2018 and 30th June 2019 the educational and training opportunities have been provided for 295 participants, with 279 places being booked and 241 attending.

There is high demand for these courses, demonstrated by the 95% fill rate and the 86% attendance rate (actual attendances as a percentage of places booked).

The DNA rate (% of those booked to attend who did not attend) is 14% which, given the numbers involved and the ongoing service pressures which can often lead to short notice cancellations, is expected.

Please see Appendix 1 for more detailed breakdown of the attendance numbers.

For comparison, the last report, published in July 2018, showed a 98% fill rate, a 86% attendance rate and a 14% DNA rate over a 12 month period, between July 2017 and June 2018.

3. Analysis of Attendees

Organisations Represented :

Area	No of Attendees	SUB TOTAL	Percentage*	Total Percentages
NHS Borders	10	131	4	50
NHS Fife	22		8	
NHS Forth Valley	45		17	
NHS Lothian	47		18	
NHS GG&C	3		1	
NHS Tayside	4		2	
Fife Council	15	34	6	13
Edinburgh Council	3		1	
Mid-Lothian Council	5		2	
East Lothian Council	4		2	
Forth Valley Council	2		1	
Borders Council	0		0	
West Lothian Council	5		2	
Integrated Health & Social Care	4	4	2	1.5
Universities	16	16	6	6.1
Leisure Providers	4	4	2	1.5
MCN	6	6	2	2.3
Others (inc. Care Providers, third Sector & Voluntary Organisations)	66	66	25.3	25.3

**Some rounding of numbers has been applied*

4. Feedback and Evaluation

The MCN use Survey Monkey, an internet based evaluation system, to collect and collate the responses from each event. Following attendance participants are emailed and asked to complete a short e-form. The overall return rate to date is 26%.

From the feedback analysis, see Appendix 2, satisfaction levels are extremely high, with 100% of responding participants feeling that their objectives for attending were completely or partially met and 96% feeling the courses were of benefit to them and supported their practice. 98% of all responding attendees also felt the venues used were satisfactory.

Evaluations from events which used different measurement structures have been provided under the following :

Appendix 3 : Support Workers October – December 2018 & February – April 2019,

Appendix 4 : Keeping Trauma In Mind

Appendix 5 : Sporting Opportunities for Motor Activities (SOMA)

5. Consideration & Next Steps

The Learning and Development Group is asked to:

- Consider the above report and note the high levels of attendance at MCN events, the high levels of satisfaction of attendees and the mix of organisations represented.
- Consider the format of the report and the proposal to generate the report on an annual basis.

Karen Lee
LD MCN Project Administrator

Appendix 2

Participant Response to Evaluation

(As at 04.07.19)

Are you a :	Number	Percentage
NHS Employee	37	64
Social Care Employee	10	17
Voluntary Sector	2	3
Client / Carer	1	2
Student		0
Other	8	14
TOTAL	58	

Total Attendance :	Return Rate %
224	25.89285714

Question Asked		Yes, Completely	Yes, Partially	No, not really	No, not at all
Was the objective of this Seminar met?	<i>Number</i>	39	19		
	<i>%</i>	67%	33%	0%	0%

Question Asked		Yes, Completely	Yes, Partially	No, not really	No, not at all
Was this Seminar of benefit to / supported you?	<i>Number</i>	30	26	1	1
	<i>%</i>	52%	45%	2%	2%

Question Asked		Yes, Completely	Yes, Partially	No, not really	No, not at all
Were you satisfied with the venue?	<i>Number</i>	49	8	1	
	<i>%</i>	84%	14%	2%	0%

Appendix 3

Support Workers Course Feedback (October to December 2018)

Would you recommend this course to a colleague?

Yes	No
17	0

How relevant were the topics we covered for your work?

	Not at all relevant	Somewhat Relevant	Very Relevant	Not sure
Communication		1	16	
Health needs		2	15	
Epilepsy		1	16	
Mental Health			17	
Autism			17	
Meaningful activity		2	14	1
Nutrition	2	1	11	3
Offending behaviour		4	13	
Positive Behaviour Support		2	15	

Overall, I feel that attending this course...

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
...was a good use of my time for my learning			1	6	10
... was a good use of my time for the organisation I work for				4	13
...will change my approach to aspects of my work		1	2	6	8
... provided information I did not already know				9	8

Any other comments:

1. Overall I enjoyed the course and I learned a lot of new information.
2. Well constructed 8 week course. Maintained my interest throughout. I would recommend.
3. Overall the course was good. Informative and useful.
4. Really enjoyed the course
5. Some topics could have had more time spent on them.
6. Participants have so much knowledge to share with others in the room. Would be good to have opportunity to talk more about own experiences and knowledge.
7. Really enjoyed the course. Felt I learnt some new things but will also think about my approach towards service users.

Support Workers Course Feedback (February – April 2019)

Would you recommend this course to a colleague?

Yes	No
20*	0

*2 said yes if for new support workers

How relevant were the topics we covered for your work?

	Not at all relevant	Somewhat Relevant	Very Relevant	Not sure
Communication			20	
Health needs		2	18	
Cancer screening	3	6	11	
Mental Health		1	19	
Autism		1	19	
Trauma	1	3	16	
Offending behaviour		6	14	
Positive Behaviour Support		3	17	
Nutrition		6	13	
Meaningful activity		3	17	
Epilepsy	1	8	11	

Overall, I feel that attending this course...

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
...was a good use of my time for my learning	1	1	1	8	9
... was a good use of my time for the organisation I work for	1	1	1	6	11
...will change my approach to aspects of my work	1	1	4	8	6
... provided information I did not already know		3		10	7

Any other comments:

1. I have absolutely loved doing this course. I would recommend it to all my colleagues and others in a support worker role. I feel more educated, more valued, more included. Thank you so much.
2. I found the course so interesting. As part of a self managing team I felt the course was all relevant. Really enjoyed it.
3. Really enjoyed this 8 week course. Really enjoyed mixing with other people from different organisations.

4. Course would be of most benefit to those who are new to care. Most was information I knew already but presentation of information was good
5. Would be good for new staff.
6. Overall not a course for my needs/ abilities/ experience. Ideal for someone new to support. I was made to attend.
7. Good overall. Hard to cover topics for inpatient and community sections.
8. Very enjoyable course.
9. All very good. Course was made much easier to attend with Claire's delivery and very pleasant manner and great relevant knowledge
10. Enjoyable course. Gave me information that lead to me researching more information.
11. Bigger room was much better. Some tutors were not loud enough to hear
12. Room was much better when opened up. Some speakers were hard to understand and keep engaged in.

Appendix 4

Keeping Trauma In Mind Course Feedback

Pre and post measurement of knowledge:

Question	Pre-training*	Post-training*
How familiar are you with the impact of childhood trauma on brain development?	4.1	7
How confident are you in working with the impact of childhood trauma on brain development?	4.3	6.8
How much opportunity do you have to use this knowledge in your practice?	6.6	7.8
How familiar are you with how people cope with exposure to trauma?	6.2	7.8
How confident are you in understanding how your clients cope with exposure to trauma?	5.3	7.7
How much opportunity do you have to use this knowledge in practice?	7	8.1
How familiar are you with the Keeping Trauma in Mind approach?	2.5	7.9
How confident are you in using the Keeping Trauma in Mind in practice?	2.8	7.3
How much opportunity do you have to use the Keeping Trauma in Mind in your practice?	5.3	7.8
How confident are you in working with people who have experienced childhood trauma?	4.9	7.5

*Figures have been rounded while calculating the mean response of the attendees

PAMIS' Sporting Opportunities for Motor Activities Course Feedback (June 2019)

Selection of feedback in relation to the question *'What will I do with my learning? What is the most significant thing I learnt/ thought about this session?'*

1. All the different and multiple things you have to consider when working with someone with LD. Adaptability is so important.
2. Learning about looking at equipment and the different ways to use it. Thinking outside the box.
3. Measuring improvements in engagement to see what the benefits are.
4. I facilitate a dance workshop and this course has encouraged me to consider other visual ways of learning other than using my body movement as a visual. The engagement progress report has inspired me to create a progress report for the dance students.
5. You can adapt most activities to what level of functioning ability a person has and also make it as fun as you like to make positive outcomes.
6. Plan for the person rather than the group.
7. I learnt how to accommodate various abilities.
8. I would like to introduce some simple activities with people I support- low cost and simple- doesn't have to be complicated!
9. Learnt that you can adapt shop bought or easily ordered items.
10. I would like to develop the use of the engagement form in my practice.
11. I learnt how to use equipment to suit most individuals
12. Encourage more exercise with the people I support.
13. I will pass on knowledge to my colleagues.
14. Made me think about the small motor movements and how difficult it is for service users.
15. How to implement different activities without it costing too much. Equipment doesn't need to be expensive.