



Solihull Approach Foundation Training ('Keeping trauma in mind')

DAY 1 PROGRAMME

These timings are suggested, and can be adjusted according to the needs of the group

Presenters:

9.30am	Arrival, registration and coffee
9.45am	Introductions
10.05am	Introduction to the Solihull Approach
10.15am	Brain development: Part 1
11.15am	Coffee
11.30am	Brain development: Part 2
12.30pm	Lunch
1.00pm	The model: What is containment?
2.00pm	Coffee
2.15pm	What is reciprocity?
3.15pm	Behaviour management
3.45pm	Putting theory into practice
4.00pm	Close



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DAY 2 PROGRAMME

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Presenters:

9.30am	Arrival and coffee
9.45am	Introduction to Day 2
9.55am	Feedback on observation and case studies
11.00am	Coffee
11.15am	Introduction to trauma
11.25am	Going through a traumatic experience: the basic stress response
12.15am	Neurology and trauma
12.30pm	Lunch
1.00pm	Recognising trauma
1.30pm	Trauma and attachment
1.45pm	Recovery from trauma
2.30pm	Coffee
2.45pm	Levels of interventions: scope for practice
3.20pm	Implementing the Solihull Approach: how to take it forward
3.50pm	Evaluation and close
4.00pm	Close

Optional sessions: Community trauma
Trauma aware community