

## Supporting Psychological Wellbeing in Adults with Learning Disabilities

### Informed Practice Level

Outcome 1 - Adults with Learning Disabilities have physical and mental health issues that may impact on their behaviour recognised by staff.

#### Resources

- What is a learning disability? <http://www.bild.org.uk/resources/faqs/>
- E.g. Hospital Passports

Outcome 2 - Where there is concern that an adult with learning disabilities may be distressed or displaying challenging behaviour as a result of abuse or trauma, an appropriate response is provided

#### Resources

Fife Adult Protection Reporting Harm Protocol, [www.fifedirect.org.uk/adultprotection](http://www.fifedirect.org.uk/adultprotection)

Outcome 3 - Adults with Learning Disabilities have their legal rights respected

#### Resources

- Adults with Incapacity (Scotland) Act 2000, [www.mwscot.org.uk/the-law/adults-with-incapacity-act/](http://www.mwscot.org.uk/the-law/adults-with-incapacity-act/)  
[http://www.nes.scot.nhs.uk/media/1557644/capacity\\_and\\_consent-interactive.pdf](http://www.nes.scot.nhs.uk/media/1557644/capacity_and_consent-interactive.pdf)

Outcome 4 - Adults with learning disabilities have the potential communicative function of challenging behaviour recognised

#### Resources

- Mencap – your guide to communicating with people with learning disability, [www.mencap.org.uk/learning-disability-explained/communicating-people-learning-disability](http://www.mencap.org.uk/learning-disability-explained/communicating-people-learning-disability)

- i Communicate Speech and Communication Therapy – adults with special needs and learning disabilities, [www.icommunicatetherapy.com/adult-communication-difficulties-2/adult-learning-difficulties-intellectual-disability/](http://www.icommunicatetherapy.com/adult-communication-difficulties-2/adult-learning-difficulties-intellectual-disability/)

Outcome 5 - Adults with learning disabilities experience services that have made reasonable adjustments to reduce likelihood of challenging behaviour or distress occurring

Resources

<http://www.bild.org.uk/capbs/pbsinformation/introduction-to-pbs/>

Outcome 6 - Adults with learning disabilities receive an appropriate response from staff when presenting with distressed or challenging behaviour

Resources

- The Challenging Behaviour Foundation - Information Sheets

<http://www.challengingbehaviour.org.uk/about-us/about-challenging-behaviour/what-is-challenging-behaviour.html>

Outcome 7 - Adults with learning disabilities have their mental health needs recognised

Resources

<http://www.skillsforcare.org.uk/Documents/Learning-and-development/Care-Certificate/Standard-9.pdf>

Outcome 8 - Adults with learning disabilities are assisted to access support, advice and/or treatment for psychological needs

Resources

NHS Fife – Learning Disability – Referral Process, [www.nhsfife.org/nhs](http://www.nhsfife.org/nhs)